

Brief Summary of Requirements for Scouts and Leaders Participating in the Troop 351 2009 Philmont Expedition

- All participants must be registered members of the Boy Scouts of America.
- The Philmont Scout Ranch is designed to be a youth experience. The maximum crew size is 12 people and the minimum crew size is 7 people, including adult advisors. **These standards are strictly enforced. Each crew is required to have a majority of youth participants, and the maximum number of adults (over 21) is four (4) per crew.**
- 2009 PHILMONT PARTICIPANTS MUST BE AT LEAST 14 BY JANUARY 1, 2009, OR HAVE COMPLETED THE 8TH GRADE **AND** BE AT LEAST 13 YEARS OF AGE PRIOR TO PARTICIPATION. TO AVOID DISAPPOINTMENT, PLEASE DO NOT REQUEST OR EXPECT EXCEPTIONS! REQUIREMENTS FOR PHILMONT PARTICIPATION CANNOT BE RELAXED.
- **Every camper and advisor is required to have a medical evaluation within twelve (12) months of their participation date** by a physician licensed to practice medicine. **The 2009 Philmont Health and Medical Record must be used.**
- Philmont requires that at least **one person**, preferably two, (either an advisor or a youth participant) **in each crew be currently certified in American Red Cross Wilderness First Aid Basic or the equivalent and CPR from the American Heart Association, the American Red Cross or the equivalent.**
- To ensure the success and enjoyment of a Philmont trek, each expedition should be thoroughly trained for the trek. Each crew should conduct several backpacking trips to prepare each member physically and mentally and to mold the unit into an efficient camping crew. These activities should include hiking with full packs and training in the use of map and compass.
- Each participant in a Philmont trek must not exceed the maximum acceptable limit in the weight for height chart shown in the Philmont Guide.
- Crews are organized according to hiking and camping abilities. Each crew can then choose an itinerary that corresponds to its ability, and travel at its own pace. Should something happen to one of the Advisors, adult leaders need to be prepared to move to another crew within a contingent. This may be on the same itinerary or a different itinerary.
- All registered adults must have current BSA Youth Protection Training for participation in any national event/activity.

For more detailed information and requirements please see the Philmont Guide (<http://old.scouting.org/philmont/camping/guide.pdf>)